



HAVING FUN IN THE PARK

The park can be a great place for you and your child to play and discover new things!

- **Bag It!**

- » Take a small bag along when you and your child visit the park and be on the lookout for interesting objects to collect and take home. Ask your child to collect a different type of object each time you go: rocks, flowers, feathers and whatever you find interesting.

- **Counting Creatures**

- » There are many different animals and insects you can see at the park. Ask your child to count how many dogs they see or how many birds and butterflies you find. Find out which creatures you see the most.

- **Exercise**

- » Ask your child how many things you both can do at the park to stay in shape. Can you walk, stretch, swing, and jump? See how many you can both do.

- **Free Activities**

- » Check out free activities in the park, like movie night or concerts in the park.

